only cover the very basic ailments



Lostwithiel Area u3a			10th August 2024						
Person cor	mpleting risk assessment checkli	st: Ste	phanie	e Tho	mas				
Photograp	hy Group Field Trip Leader Risk A	Assess	ment	Chec	eklist				
	n of activity: bers meeting at an outdoor location	n to tak	e phot	ograp	ohs				
	Checklist	Yes	No	N/A	Comment and actions to taken to mitigate this risk?				
Recce	Have you researched the location you will be at to identify any hazards and/or obstacles??	Yes			All relevant information will be on field trip sheet specific to the event and published on the				
	Have you given members an overview of the photography field trip and the identified hazards/ obstacles e.g. terrain, ground conditions, tides, suitable clothing,	Yes			Photography Group's field trip sub-page of the website prior to the day. This includes contact details of the leader. The field trip will be discussed at				
	Do members know the length of the field trip and any access difficulties?	Yes			the Platform meeting the week before the field trip and any specific details highlighted.				
Traffic	Where activity involves walking on or crossing roads participants are advised to be aware of traffic	Yes							
Photographi Equipment	Are participants advised about suitable bags for carrying equipment	Yes							
Animals	Have you notified members of any routes through fields or moorland with livestock in and the risks involved of walking with dogs?	Yes			Dogs are rarely brought on field trips. Dogs to be kept on leads and where possible fields containing cattle are avoided.				
Infection	Are participants advised to check for ticks that carry Lyme's disease after walking in the countryside?	Yes			Participants will be asked to bring their medication if they are allergic to these insects as our first kit will				

Infection	Are participants advised not to attend if they develop any COVID related symptoms before the event?	Yes		
Eating out	Are participants advised about the possible food poisoning, burning, scalding, tripping, impact injury etc. from a refreshment venue?	Yes		The Photography Group assumes all reputable venues have appropriate risk insurance.
Extreme weather	Are participants advised of bad weather plans?	Yes		If possible a suitable bad-weather alternative activity or location is planned. Cancel / curtail event if necessary.
Sharing transport	Are participants advised not to offer lifts unless they have suitable insurance cover?	Yes		
Sharing transport	Are participants advised that they accept lifts at their own risk?	Yes		
Locality	Are participants advised about the course of action if they get lost?	Yes		Participants should carry a mobile phone and leader's number. Leader to share phone number with participants.
				Group members are given a rendezvous time and place. Group leader keeps a check of whereabouts of individuals.
Locality	Have you taken an attendance register?	Yes		Taken at beginning of field trip
Locality	Do you have emergency contacts for all attendees?	Yes		The leader will carry a paper copy of emergency contact details as well as a charged phone.
Locality	Does someone know when you are expected back?	Yes		
Locality	Is there any danger you will lose visibility or mobile phone signal?	Yes		Visibility: We would reconsider the location and the leader would ensure that the group is together.  Mobile signal: we are generally less than a mile away from our cars, so would send one member of group to a car to travel to get
Locality	Have members attendees brought refreshments (such as water) for the walk at location?		No	Group members are given information regarding toilets and refreshments on posted field trip sheet.

Locality	Is there a first aid kit?	Yes							
Other ide	W	What will you do to mitigate these risks?							
Risks specific to location			Risks will be identified and group members briefed on information sheet published on the website sub page and again at start of field trip.						
u3a	Photography field tripLeader Risk Assessment Checklist  The Third Age Trust								
Version	Description of changes					Date of change	Review date		
1.0	Original Checklist					22/11/2023	22/11/2024		
	Checklist reviewed						10/08/2025		